

# Bobcat Blast

Vol 2, Issue 10  
November 3, 2023

## Bobcat #AttitudeisGratitude

Dear Beck Families,

It's been a sprint from the first day of school on September 5 to today! We are grateful the calendar gives us a short breather with schools closed on Thursday & Friday of next week for the NJ Teachers Convention.

### End of First Marking Period

The first marking period ends on Tuesday, September 7. Report cards will be published in Genesis Parent Portal on Monday, November 20, 2023. If you are unable to login to your Parent Portal account please call us at 856-424-4505 and select #3 for the Counseling Office.

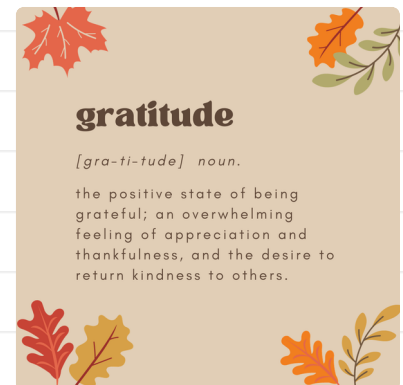
### Parent/Guardian-Teacher Conferences

You should have received an email inviting parents/guardians to schedule a conference. If you did not and wish to schedule a conference if times remain available, please contact your grade level guidance counselor.

### November is National Gratitude Month

[Gratitude is good for us!](#) This month, Beck will embrace an attitude of gratitude. Each week, we'll highlight someone or something Beck students and staff are grateful for. Need ideas for gratitude activities at home? Try some of these [Gratitude Activities for kids & teens](#).

*This week's grateful moment.....* We are grateful to the students, parents/caregivers and staff who completed the School Climate Survey. This information will guide our work to promote and



maintain a positive school climate for all students, staff, and parents/caregivers. Thank you!!

All the Best,  
Rebecca Metzger  
Principal  
Beck Middle School

[Parent Dashboard \(click here\)](#)

## *Upcoming Events*

### **Women in Science - Tonight @ 6pm at East**

Apologies for the late notice but the East Women in Science Club is hosting a hands-on event tonight!

**Women In Science:**  
**NEXT GEN**  
**CAREER EXPLORATION**  
**November 3rd**

**EXPERIMENT:** Biology   
**FIELDS** Chemistry   
Physics/Engineering   
Computer Science

**ROTATION 1 :** Choose an Experiment to Explore  
6:00-6:30 a Field of Science!

**ROTATION 2 :** Choose Another Experiment!  
6:30-7:00

**PANEL :** Science Q&A   
7:00-7:30

The poster features a light yellow background with a pink border. It includes various science-related icons: gears, a DNA helix, a microscope, and laboratory glassware. The text is in a mix of bold, sans-serif and stylized, outlined fonts.

### **Reminder - Schools Closed on November 9 & 10**

School will be closed on November 9 & 10 for the NJ Education Association Teachers Convention.

## Picture Day Make ups - November 15

Make-up picture day is November 15. Please contact the Main Office if you need the Lifetouch Link or paper copy to order pictures.

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## *School Culture & Discipline*

### **PBIS School Store**

We are excited to have opened our Beck PBIS School store today! The excitement could be felt throughout the building! Students snapped up pencil erasers, fidget toys and entered raffles for big ticket items! Raffle winners will be notified on Monday.

Students who purchased items will receive their items by Wednesday, November 8th. Students who elected to save their points have an option to purchase next marking period.

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## *Counselors Corner*



## Counselor's Corner November Newsletter



Mr. Packer- 6th  
Mrs. Arnao-7th  
Mrs. Santos-8th  
Website- Beck Counseling Corner (google.com)



### The Month Of Gratitude

#### November The Month of Gratitude

As the weather changes and the semester comes to an end, spend this month thinking of all you are thankful for!

#### 5 Ways to Show Gratitude

1. Have patience and complain less. Look at the glass half full!
2. Tell someone you love that you are thankful for them.
3. Take time to reflect on anything positive in your life.
4. Spend quality time with family!
5. Be present. Take one day at a time and appreciate each one for what it brings!

### Mindsets & Behaviors:

"For the Month of Gratitude, we want to highlight:

The sense of acceptance, respect, support and inclusion for self and others in the school environment.

Through this mindset, we can find commonalities, be grateful for one another and appreciate our differences."

### Healthy Tips:



### Upcoming Dates:

Nov. 7- Election Day  
Nov. 9-10- No School  
Nov 10- Veterans Day  
Nov 13- World Kindness Day  
Nov. 23, 24- Thanksgiving Recess



### Mindfulness: Gratitude Meditation

Check out this 12-minute podcast that is a self guided mindfulness meditation moment. Use this [LINK](#) or

QR code:



### Lets Connect:

mpacker@chclc.org  
narnao@chclc.org  
bsantos@chclc.org



**STAY PAWSITIVE** 🐾

## Athletics, Clubs & Activities

### Winter Sports Information

Winter Sports Information is available at the Beck website [HERE](#).

Tryouts for Winter Sports begins on November 13, 2023.

Beck will offer Boys Basketball, Girls Basketball, Bowling, Cheerleading & Wrestling.



### Winter Sports Registration will Open for High Schools and Middle Schools is OPEN

All CHPS High School and Middle School Registrations for the upcoming Athletic Season will be completed through the Genesis Parent Portal under the Forms tab. The Health History Update Form must also be completed.

Athletic Registration Page - [Cherry Hill Athletic Registration](#)

To be "Cleared" for participation in athletics students need the following:

- Completed Online Registration – [Genesis Parent Portal](#)
- Completed Health History Update – [Genesis Parent Portal](#)
- Student Activity Fee Paid - PaySchools - <https://payschoolscentral.com/>
- Current Participation Physical Evaluation - [Physical Form](#)

Physicals can be dropped off to the school nurse's office Monday through Friday during the school day.

If you have additional questions please do not hesitate to contact the Main Office.

## *November Heritage and Awareness Months*

### **November is Native American Heritage Month**

Beck students will explore Native American Heritage throughout November. Can anyone name all 12 famous Native Americans below and their contributions to our nation? Did you know that the Nanticoke Lenni-Lenape is the only officially recognized Native American Tribe in NJ and has it's 'hometown' in Bridgeton, Cumberland County? Read more [HERE](#). Eventually you may be able to visit the planned [Nanticoke-Lenni Lenape Conservation Center](#) on the site of the Cohanzick Nature Reserve in Salem County.

## *Native American Heritage Month - Choice Board*



### **Contact Us**

Attendance: If your student is absent or needs an early dismissal, please just email Beck Attendance at

[BeckAttendance@chclc.org](mailto:BeckAttendance@chclc.org)

Website: <https://www.chclc.org/Domain/21>

Location: [950 Cropwell Road, Cherry Hill, NJ, USA](#)

Phone: 856-424-4505



